

Full Name: Jeffrey McIntyre

Email Address: RedyeCoding@gmail.com



Date: 5/11/2026

User ID: user\_\*\*\*\*\*h1AxqHWv

Primary Profession: Other

Secondary Profession: None

## Certifications

Title	Issued On	Valid Through	Serial No.	Accreditations
Certified Personal Trainer (CPT)	11/6/2025	5/8/2028	003056	 

## Workshops

Title	Credits	Issued On	Serial No.	Accreditations
No workshops.				

## Courses

Title	Credits	Issued On	Serial No.	Accreditations
Overhead Squat Assessment: Signs of Dysfunction	2 Credits	5/8/2026	260920	None <sup>2</sup>
Tibialis Anterior Exercises (Activation)	1 Credit	5/4/2026	260676	None <sup>2</sup>
Tibialis Posterior Exercises (Activation)	1 Credit	5/3/2026	260646	None <sup>2</sup>
Overhead Squat Assessment: Introduction	2 Credits	5/1/2026	260579	None <sup>2</sup>
Trapezius Exercises (Activation)	1 Credit	4/25/2026	260154	None <sup>2</sup>
Serratus Anterior Exercises (Activation)	1 Credit	4/25/2026	260152	None <sup>2</sup>
Deep Neck Flexor Exercises (Activation)	1 Credit	4/18/2026	259771	None <sup>2</sup>
Shoulder External Rotator Exercises (Activation)	1 Credit	4/11/2026	259393	None <sup>2</sup>
Gluteus Medius Exercises (Activation)	1 Credit	3/25/2026	258453	None <sup>2</sup>
Gluteus Maximus Exercises (Activation)	1 Credit	3/22/2026	258289	None <sup>2</sup>
Internal Obliques	2 Credits	3/17/2026	258086	None <sup>2</sup>
Soleus	2 Credits	3/10/2026	257732	None <sup>2</sup>
Extensor Hallucis Longus (EHL), Extensor Digitorum Longus (EDL), and Fibularis Tertius	2 Credits	3/6/2026	257528	None <sup>2</sup>
Flexor Hallucis Longus (FHL) & Flexor Digitorum Longus (FDL)	2 Credits	3/3/2026	257353	None <sup>2</sup>
Tibialis Posterior	2 Credits	2/27/2026	257151	None <sup>2</sup>
Tibialis Anterior	2 Credits	2/22/2026	256809	None <sup>2</sup>
Popliteus	2 Credits	2/19/2026	256643	None <sup>2</sup>
Tensor Fascia Latae (TFL)	2 Credits	2/12/2026	256150	None <sup>2</sup>

Gluteus Maximus	2 Credits	2/6/2026	255828	None <sup>2</sup>
Biceps Femoris	3 Credits	2/2/2026	255616	None <sup>2</sup>
Adductor Muscles	3 Credits	1/22/2026	254250	None <sup>2</sup>
Lower Extremity Dysfunction (LED): Predictive Model of Lower Extremity Movement Impairment	4 Credits	12/30/2025	252431	None <sup>2</sup>
Upper Body Dysfunction (UBD)	3 Credits	12/18/2025	251401	None <sup>2</sup>
Lumbopelvic Hip Complex Dysfunction (LPHCD)	4 Credits	12/10/2025	250839	None <sup>2</sup>
Lower Extremity Power Exercise Intensity: Part 1	1 Credit	11/6/2025	248549	None <sup>2</sup>
Power (High-velocity) Training: Introduction	3 Credits	11/5/2025	248441	None <sup>2</sup>
Acute Variables: Periodization Training	5 Credits	10/14/2025	247123	None <sup>2</sup>
Acute Variables: Circuit Training	3 Credits	10/12/2025	247024	None <sup>2</sup>
Acute Variables: Sets Per Muscle Group	3 Credits	10/8/2025	246845	None <sup>2</sup>
Wood Chop Exercise and Progressions	1 Credit	9/28/2025	246210	None <sup>2</sup>
Bridge and Progressions	2 Credits	9/27/2025	246171	None <sup>2</sup>
Acute Variables: Rest Between Sets	3 Credits	9/17/2025	245638	None <sup>2</sup>
Transverse Abdominis (TVA) Activation: Quadruped Exercise and Progressions	2 Credits	9/7/2025	245079	None <sup>2</sup>
Muscle Cell Structure and Function	3 Credits	9/5/2025	244968	None <sup>2</sup>
Muscle Fiber Types	1 Credit	9/2/2025	244795	None <sup>2</sup>
Muscle Fiber Dysfunction and Trigger Points	2 Credits	9/1/2025	244722	None <sup>2</sup>
Back Exercise and Pulling Progressions	3 Credits	8/29/2025	244574	None <sup>2</sup>
Stability Training	2 Credits	8/28/2025	244500	None <sup>2</sup>
Deep Longitudinal Subsystem (DLS)	2 Credits	8/24/2025	244232	None <sup>2</sup>
Posterior Oblique Subsystem (POS)	2 Credits	8/19/2025	243777	None <sup>2</sup>
Leg Exercise Progressions	3 Credits	8/8/2025	242998	None <sup>2</sup>
Intrinsic Stabilization Subsystem (ISS)	2 Credits	7/31/2025	242509	None <sup>2</sup>
Lesson 22: Introduction to Movement Assessment and Analysis	1 Credit	7/23/2025	241895	None <sup>2</sup>
Lesson 21: Functional Roles of Muscles	1 Credit	7/21/2025	241729	None <sup>2</sup>
Lesson 20: More on the Human Movement Systems	1 Credit	7/18/2025	241485	None <sup>2</sup>
Lesson 19: Trunk Muscles Graph, Additional Core Muscles and Core Exercise Challenge	1 Credit	7/12/2025	241098	None <sup>2</sup>

Lesson 18: The Spine and Trunk Muscles	1 Credit	7/9/2025	240894	None <sup>2</sup>
Lesson 17: Functional Anatomy by Joint Action and Exercise of the Lower Body	1 Credit	7/7/2025	240722	None <sup>2</sup>
Lesson 16: Ankle Joint Actions and Muscles	1 Credit	7/7/2025	240721	None <sup>2</sup>
Lesson 15: Hamstrings and Adductors	1 Credit	7/3/2025	240447	None <sup>2</sup>
Lesson 14: The Gluteus Maximus, Gluteus Medius, Gluteus Minimus, and Piriformis	1 Credit	7/1/2025	240343	None <sup>2</sup>
Lesson 13: Hip Flexors and Anterior Thigh Muscles	1 Credit	6/28/2025	240134	None <sup>2</sup>
Lesson 12: Functional Anatomy by Joint Action and Exercise of the Upper Body	1 Credit	6/24/2025	239867	None <sup>2</sup>
Lesson 11: Biceps Brachii, Brachialis, Triceps Brachii, Brachioradialis and Coracobrachialis	1 Credit	6/24/2025	239865	None <sup>2</sup>
Lesson 10: Pectoralis Major, Latissimus Dorsi, and Teres Major	1 Credit	6/21/2025	239715	None <sup>2</sup>
Lesson 9: Rotator Cuff	1 Credit	6/20/2025	239652	None <sup>2</sup>
Lesson 8: Introduction To Deltoids	1 Credit	6/19/2025	239585	None <sup>2</sup>
Lesson 7: Scapular Muscles	1 Credit	6/18/2025	239508	None <sup>2</sup>
Lesson 6: Joints of the Shoulder Girdle and Scapular Motion	1 Credit	6/18/2025	239501	None <sup>2</sup>
Lesson 5: Basics of the Human Movement Systems	1 Credit	6/17/2025	239424	None <sup>2</sup>
Lesson 4: Synovial Joints	1 Credit	6/11/2025	239006	None <sup>2</sup>
Lesson 3: Joint Actions	1 Credit	6/10/2025	238916	None <sup>2</sup>
Lesson 2: Planes of Motion	1 Credit	6/2/2025	238492	None <sup>2</sup>
Lesson 1: Anatomical Position & Anatomical Directions.	1 Credit	5/31/2025	238340	None <sup>2</sup>

1. No accreditations for this course match the user's selected profession.
2. The logos on this certificate are not an indication that the recipient has a full fitness qualification.



Dr. Brent Brookbush, DPT, PT, MS, CPT, HMS, IMT

CEO & Founder

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